



BOLD

**Showing an ability to take risks:
confident and courageous**

**“Sometimes you need a little crisis to get your adrenaline flowing and help
you realize your potential.”**

— Jeannette Walls, *The Glass Castle*

Do you know the feeling of being nervous and excited with butterflies in your stomach? The feeling you get when you care a lot about standing up for what you believe in, and you get lost in the excitement thinking about it because it means so much to you. You stop thinking and allow your feelings to move you into your power and wisdom and just go for it! These butterflies are your aliveness and these thoughts, feelings, and actions are bold.

Conversation Starters

- What does it mean to you to be bold?
- What bold actions have you taken in the past 3 years as we moved through the pandemic?
- What bold actions can you take to show up ready to learn this school year?
- What bold actions did the characters within the story take?
- How does the character support others in their community?

The Learning

Have the students answer these questions for themselves and a character they have been introduced to in their reading.

The themes of survival and taking bold actions run strong in the books they are reading. Have your students choose a character (or you can assign a character) from their reading and discuss in small groups about how the character's actions impacted their fate, their communities or an ideology. How do their actions inspire your students?

1. In this moment what matters the most to you?

2. What bold actions are you/ the character willing to take in order to achieve your/ their goals?

3. What does it feel like in your mind/body/ heart to be bold?

4. What bold actions have you seen friends/ family member/ a character in the story take?

“You can't wait for inspiration. You have to go after it with a club.”

— Jack London, *To Build A Fire*

“Nothing is more damaging to the adventurous spirit within a man than a secure future. The very basic core of a man’s living spirit is his passion for adventure. The joy of life comes from our encounters with new experiences, and hence there is no greater joy than to have an endlessly changing horizon, for each day to have a new and different sun.”

— Jon Krakauer, Into the Wild

Bold Assignment

Write a poem about being bold

Encourage your students to incorporate how they are feeling and thinking about the past three years, acknowledging the bold actions they have taken and how they would like to move forward based on what they value and what is important to them. Have them make the poem personal by writing about their experiences and emotions.

The assignment gets your students uncovering their values and will help them build self-awareness and demonstrate their ability to make decisions.

